



DIETETIC INTERNSHIP PROGRAM 2012

Napa State Hospital is a low to moderate-security psychiatric hospital. The hospital admits individuals who have been referred from their home county under a civil commitment or through the courts on a forensic commitment. All individuals admitted to Napa State Hospital suffer from a major mental illness. Our Dietetic Internship Program is an eleven-month generalized program with a concentration on psychiatric disabilities.

The program's mission is to promote individual learning and advocate development of individuals who are equipped with unique skills, resources, and abilities. It seeks to provide an educational environment that acknowledges each individual's learning potential and facilitates development of marketable skills. The programs goals are:

- 1) to prepare graduates to be competent entry-level dietitians
- 2) to provide quality training and experience in several California State institutions in an effort to encourage graduates to seek permanent employment with the State of California and the program affiliates.

Supervised practice experience is provided in food service administration, clinical dietetics, and community nutrition. Interns have the opportunity to participate in several unique learning experiences, including special training provided for the treatment of psychiatric/forensic disabled clients. Program affiliations contribute to expanding the knowledge and professional practice necessary to becoming a competent dietitian. Clinical affiliations include The Center for Behavioral Health, Queen of the Valley Medical Center, St. Helena Hospital, Sutter Solano Medical Center, NorthBay Medical Center, and Davita Dialysis Centers. Affiliations with Napa Solano Head Start and Solano County Health Department supplement the program's community health curriculum.

The Napa State Hospital Dietetic Internship Program is currently granted accreditation status by the Commission on Accreditation for Dietetics Education of the American Dietetic Association, 120 South Riverside Plaza, Suite 2000, Chicago, IL 60606-6995, (312) 877-0400, extension 5400. Guided by its

standards, the program is designed to provide didactic and supervised practice to meet eligibility requirements and to increase the intern's understanding of professional practice. Successful completion of the program enables the intern to receive endorsement to write the Registration Examination for Dietitians.

The program is divided up as follows:

Orientation and Classes	3 weeks
Food Service Administration	8 weeks
Clinical Management	2 weeks
Clinical Nutrition	23 weeks
Community Nutrition	7 weeks
Education/Marketing/Media	1 week
Staff Experience	1 week
Elective	2 weeks
* Vacation	1 week
10 holidays are observed throughout the program	

** Interns usually take vacation during Christmas*

FOOD SERVICE ADMINISTRATION

Napa State Hospital provides services to approximately 1150 clients daily by using a cook-chill production system. Interns gain hands-on experience with menu planning, large-scale food production and service methods, purchasing, personnel, management, and cost control techniques.

CLINICAL NUTRITION

Experiences include nutritional assessment, development and implementation of nutrition care plans, and individual and group counseling/education. The intern interacts with other health care professionals and is an active member of the interdisciplinary health care team. Clinical practice involves clients in both long-term care and acute care medical settings. The intern gains experience in medical nutrition therapy and nutrition support. Clinical experience includes areas such as diabetes, cardiology, renal, critical care, geriatrics, oncology and GI disorders. Interns prepare and present an oral case study, and other projects are assigned to reinforce nutrition principles in the clinical setting.

COMMUNITY NUTRITION

Experience will relate the role of the dietitian in administering nutritional care to individuals in the community and as a resource person for respective agencies and programs.

EDUCATION/MARKETING/MEDIA

The intern will receive didactic and practical experience in education, marketing and media. Practical experiences will include development of education materials and presentations, marketing of services and products, and promoting nutrition-related programs in print media.

STAFF EXPERIENCE

The intern will be given the opportunity to work independently and use the skills and knowledge gained during the internship.

CLASSES

Interns attend classes, which supplement supervised practice experience. Classes cover a variety of topics to update nutrition information, prepare for planned clinical experiences, and further develop areas of interest. The internship preceptors and guest speakers assist in expanding this portion of the experience.

ELECTIVES

Time is set aside at the end of the program year for interns to develop a rotation in individual area(s) of interest.

GENERAL INFORMATION/PROGRAM POLICIES

The internship program usually begins on August 1st and continues through June 30th.

Dorm-style housing will be furnished on the hospital grounds. Only interns are allowed to live in this free dormitory. No pets are allowed in the dorms. The dormitory has a kitchen for use by the occupants. All meals will be provided per site availability. A small educational stipend will be paid monthly.

Use of a private vehicle is required since transportation to off-site locations is the intern's responsibility. The affiliations are located within a sixty-mile radius of Napa and public transportation is not available. Carpooling cannot be depended on as a means of transportation since each intern's schedule is different.

Health insurance is highly recommended; however, it is not required nor provided. Information will be available on request. The hospital employee's clinic and employee assistance program offer limited services and are available to the interns at no expense.

FINANCIAL ESTIMATES

Tuition	none
Stipend per month	approx. \$ 400.00 (subject to change)
Housing	provided at no charge
Meals	provided at no charge

ESTIMATED EXPENSES PER YEAR

**	Lab Coat	\$ 30.00
	Laundry	\$ 400.00
**	Affiliate Membership in ADA	\$ 50.00
	Transportation (does not include automobile upkeep & insurance)	\$ 1,800.00
**	Liability Insurance	\$ 20.00
	CDA-District Membership	\$ 15.00
	Books, Supplies	\$ 300.00
**	Fees for Meetings, Conferences, etc.	\$ 300.00
	ADA Application Fee for Registration (due by the end of the program)	\$ 200.00 (subject to change)

**** REQUIRED FOR ALL INTERNS**

Since room and board are provided, expenses are minimal except for transportation.

ELIGIBILITY REQUIREMENT FOR ADMISSION

In order to be eligible for admission to the program, the student must possess a Baccalaureate Degree from an accredited college or university and meet requirements of an American Dietetic Association accredited didactic program in Dietetics. An original verification statement or "declaration of intent to complete degree" must be provided by the didactic program director prior to admission to the program. A G.P.A. of at least 3.0 in core subjects and an overall G.P.A. of at least 2.7 is mandatory. Once selected, interns must pass a physical exam and background check prior to starting the program.

COMPLETION REQUIREMENTS

In order to graduate from the program, the intern must successfully complete all planned supervised practice components and assignments within 17 months. This is measured by written performance appraisals which reflect at least the level of "meets standards" in all areas appraised. When the intern successfully completes the Dietetic Internship Program, the Director will issue a signed Verification Statement and submit CDR eligibility for them to take the RD examination.

FOR ADDITIONAL INFORMATION, PLEASE CONTACT:

Lynne Fredricksen, R.D., Assistant Director of Dietetics/Internship
Dietetics Department
Napa State Hospital
2100 Napa Vallejo Hwy.
Napa, CA 94558-6293

Tel: (707) 254-2329
Fax: (707) 254-2422
E-mail: Lynne.Fredricksen@nsh.dmh.ca.gov

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APPLICATION INFORMATION

The program is using the on-line Dietetic Internship Centralized Application System (DICAS). DICAS can be contacted by email at DICASInfo@DICAS.org or at <https://portal.dicas.org>.

The on-line application must be completed for our program no later than 11:59 p.m. Central Time on February 15, 2012. The fee to use DICAS is \$40 for the first application submitted and \$20 for each additional application.

The Napa State Hospital Dietetic Internship Program requires the following information be provided by all applicants through the DICAS system:

- _____ Completed Dietetic Internship Program application.
- _____ Official transcripts from all colleges and universities attended.
- _____ Three professional letters of reference from individuals who know you well and can speak to your strengths and weaknesses.
- _____ Current resume or vitae.
- _____ Personal statement that addresses the questions outlined in the DICAS application.
- _____ Declaration of Intent to Complete Degree and ADA Minimum Academic Requirements **or** DPD Program Verification Statement.

Applicants must register and enter their Dietetic Internship priority choices online at www.dnddigital.com. There is a \$50 charge for computer matching that is due at the time the applicant registers. Address questions or inquiries to:

D & D Digital Systems
304 Main St., Suite 301
Ames, Iowa 50010-6148
(515) 292-0490 (phone)
(515) 663-9427 (fax)
E-mail: dnd@sigler.com
www.dnddigital.com

The following supplemental internship application must be postmarked by February 15, 2012.



Napa State Hospital
Dietetic Internship Program

SUPPLEMENTAL INTERNSHIP APPLICATION
2012

Applicant Name	
Address	
City, State, Zip Code	
Telephone Number (including Area Code)	
Didactic Program	

Enclose a check or money order for the non-refundable application fee of \$65,
made payable to **Napa State Hospital** and send to:

Dietetic Internship Director
Napa State Hospital
Dietetics Department
2100 Napa Vallejo Highway
Napa, CA 94558